



Post-Botox Treatment Care Instructions

GENERAL CONSIDERATIONS:

- Do not lie down for the first 4 hours after your treatment.
- Do not apply makeup for at least 12 hours after your visit.
- For at least 24 hours after your visit, avoid:
 - Strenuous Exercise
 - Extensive Sun or Heat Exposure
 - Alcoholic Beverages
 - Skin Care Products other than a gentle moisturizer
- For at least 48 hours after your treatment, avoid:
 - Extreme cold or heat

OTHER TIPS AND CONSIDERATIONS:

- Apply ice for a brief period following your treatment to minimize potential swelling.
- Resist touching or massaging the treated area(s)
- Postpone dental procedures for at least two weeks after treatment.
- Tell your doctor if you are planning laser treatment, a chemical peel, or any other procedure after treatment.

FOLLOW UP:

- Follow up in the office as instructed by your dermatologist. Results generally observed around two weeks post-treatment while subsequent treatments are approximately three months apart.



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